

# Conditioning Programmes for Working Dogs

**Woozelbears Hydrotherapy** and **Classic Physiotherapy** have teamed together to offer the ultimate sports conditioning programme specifically suited to working dogs. The combination of hydrotherapy and physiotherapy will be designed to improve your dog's performance within their specific working field. These include agility, flyball, gun dogs, show dogs, working trial dogs and all other sporting and working dogs. Dogs recovering from injury can also be assessed for a bespoke rehabilitation program returning them to work and sport. Pet dogs can attend to improve their fitness, gait and muscle tone.



## Assessment in our gait analysis studio

Woozelbears now has one of only 2 treadmills the UK and Europe that has been scientifically developed using computer software to quantify lameness as a simple numerical score whilst identifying the correct loading and movement characteristics of the gait. We can also screen for detailed information such as stance time, touchdown, symmetry, stride length, peak pressure and record the improvements made throughout the program.

This will be followed by a thorough clinical assessment from the Physiotherapist looking at muscle symmetry, tension and soreness; joint mobility and a full spinal assessment.

Classic  
Physiotherapy

  
**Woozelbears**<sup>®</sup>  
HYDROTHERAPY & GROOMING



## The bespoke program

If you would like us to we will use the information from these assessments to design a program for your dog. Depending on what we have found on assessment we will work on certain aspects of your dog's movement in following hydrotherapy and physiotherapy sessions using a variety of different exercises to improve their performance by for example:

- Increasing muscle mass
- Improving balance, coordination and proprioception
- Strengthening core stability muscles
- Increasing range of movement
- Improving gait and topline

A physiotherapy exercise programme will be designed for you in conjunction with your dog's sport.



## The first step...

For all further enquiries and booking appointments please contact us or visit the web sites

### Woozelbears - Witney

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We look forward to hearing from you and your dog.

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